

# Dear year 6 students,

I am a year 7 student who is looking forward to welcoming you to the Bedford family. Starting high school is very scary but don't worry we were all scared on our first day. My first day I was happy and excited to be starting a new chapter but scared, nervous and worried of what was coming. Was I going to make friends? Will I see old friends from primary school? Was the work going to be hard? Will the teacher be nice? Will I get help if I need it? The answers to my questions are, yes I have made lots of new friends, yes I see my primary school friends, sometimes the work is hard but the teachers are nice and help you so don't be afraid to ask for help that's what they are there for. There are clubs before school, at dinner time and after school you can go to. I go to buddy club, library and maths club, all these help you. There is a homework club so if you are struggling to do your homework you can go there and get the help you need.

While I have been at Bedford I have enjoyed games you get to choose what sport you want to do, going to the clubs at dinner time to help me with work and homework. I like break time also you get to just chill out with your friends for 15 minutes. You can also get a snack from the snack shack or the bistro; my favourite is toasty from snack shack.

You should always bring your equipment with you, pencil case with pens, pencils, rubbers sharpeners rulers coloured pencils. You will always need these. You should always have full p.e kit with you on games day and your ingredients for food tech on making day they are great.

On your first day it's mainly about getting to know the school where places are, who your teachers are and making friends and getting your lesson timetable and planner do not lose or destroy your planner you will have to buy a new one. You will be told the importance of the daily school routine,

Ready - always be ready to learn.

Respect - respect teachers, fellow students, equipment (school and own),

Safe - stay safe in school and out of school; you represent the school inside and out.

Don't be silly in the corridors, classrooms, playground and bistro because it is dangerous for you, fellow students, teachers and visitors.

I was very shy when I started at Bedford, I still am a little bit but talking to teachers and friends about my worries and concerns is helping me to build my confidence up. Don't be afraid to talk there is always a friendly face you can talk to.

Spencer 7.9