



Activities for ages 14+

Number 5, 19/05/2020

Activity 1: Support services

- Take a look at the 14+ website www.thinkuknow.co.uk/14_plus/ and write a list of the positives and negatives of the site (you may have completed this activity already from Sheet Number 1 - 24/03/2020).
- Concentrate on the negatives - these are all areas for improvement. Make a new list of what would make the site better in your view.
- Take a look at some other websites offering advice to young people. Try to find websites that cover advice on the following topics: relationships and sex, sexuality, mental health, and employment.
- Of the sites you find, which one do you like best and why?
- Revisit your suggested ideas to improve the Thinkuknow 14+ website. Is there anything you would add or change having now researched the other sites?
- **Optional extension:** for all of the support services you have researched, think about ways they could be promoted to young people in your school. Make a list of ideas to suggest to your school in the future.

Activity 2: Design a support service

- Design a new support service for young people. Create a mind map with your ideas in response to these questions, and anything else you think of:
 - What will your support service be called?
 - What kind of advice or support will it offer and how?
 - What topics will it cover, for what age range?
 - How will young people find it? How will they engage with it?
 - What makes it different to the services you researched for Activity 1?
- On a new piece of paper, or online if you prefer, design the homepage for your new support service. How will you will make it look:
 - A) Supportive and reassuring
 - B) Relevant to the target age group
 - C) Official and professional

About Thinkuknow

Thinkuknow is the online safety education programme from the National Crime Agency. You'll find lots of support and advice for teens at www.thinkuknow.co.uk.

If you are worried or upset by anything that's happened online, talk to a trusted adult or call Childline o 0800 1111.

If you are concerned about sexual abuse or the way an adult has been communicating with you online, also talk to a trusted adult, or report to us at CEOP – www.ceop.police.uk