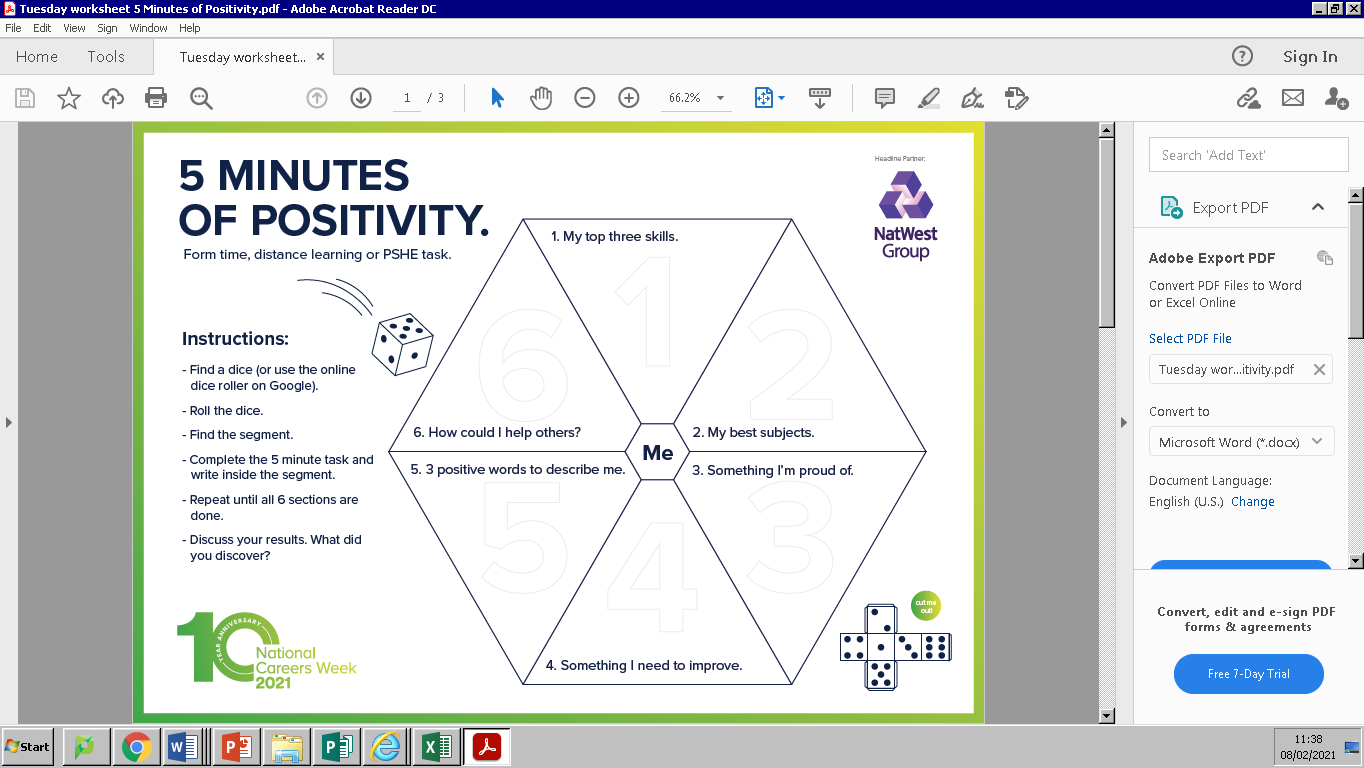
**TUESDAY WORKSHEET – 5 MINUTES OF POSITIVITY**

1. MY TOP THREE SKILLS:
2. MY BEST SUBJECTS:
3. SOMETHING I’M PROUD OF:
4. HOW COULD I HELP OTHERS:
5. 3 POSITIVE WORDS TO DESCRIBE ME:
6. SOMETHING I NEED TO IMPROVE: