



TO CARE
TO LEARN
TO ACHIEVE

BEDFORD HIGH SCHOOL

A Specialist Business and Enterprise College
with Applied Learning
Headteacher: Mr P McCaffery

11 January 2024

Dear Parents/Guardians

Community Wellbeing Coffee Morning Thursday, 25th January 9.15am-10.30am

You are invited to attend our Community Wellbeing Coffee morning in school on Thursday, 25th January from 9.15am-10.30am. This event is for our families to see what is available in your community for you and your family.

The list of organisations attending and the advice and support they offer are below. We do hope that you can make it.

Let's Get Movin' Team – promoting physical activity
Leigh Youth Hub – a safe space for young people at Leigh Sports Village
Back to Sport/Active Outdoors – promoting physical activity
Weight Management – helping you to lose weight and be more healthy
Digital Inclusion – helping residents to get online
Community Link Team – health and wellbeing support
Spectrum – sexual health clinics
School Nurses – health and wellbeing
HAF – holiday and food activities for young people aged 5-16
Activation – active travel, Walking/Wheeling/Cycling
Community Capacity Officer – discuss ideas you may have for your local area
We Are With You – support with alcohol, drugs, mental health by a local charity
Startwell – Sure Start Children's Centres
Libraries – library services from books, ebooks, eMagazines, DVDs, courses
Family Welfare – Counselling services
Making Space – support residents with mental health, dementia, learning disabilities, older people, carers, personal budgeting.
Here for You – Financial support
MHST – Mental Health Support Team

Please park on the car park at Leigh Miners across from the school. This event takes place in the Bistro, the entrance to the school will be at the gate near the bus pick up. A member of staff will be there to greet you. Refreshments will be available.

Please confirm the name(s) of the person(s) attending by 19th January by emailing Mrs Madden – j.madden@bedford.wigan.sch.uk. NOTE: only parents/guardians that have registered a place with Mrs Madden will be able to access the event.

We look forward to welcoming you to this event.

Yours sincerely

J Madden

Mrs J Madden
Assistant Headteacher/Careers Leader

Bedford High School, Manchester Road, Leigh, WN7 2LU. Tel: 01942 909 009

enquiries@bedford.wigan.sch.uk

www.bedfordhighschool.co.uk

 @BedfordHighSch

 @Bedford High School Live

